



For Fidelity: How Intimacy and Commitment Enrich Our Lives

Catherine M. Wallace

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Drawing inspiration from both contemporary psychology and ancient spiritual traditions, Catherine Wallace presents her vision of marriage as an art and a spiritual exercise. The rewards are limitless: properly nurtured, our sexual needs and vulnerabilities turn out not to be liabilities but powerful, generative gifts.

At a time when emotional commitments are increasingly fragile and short-lived, Wallace makes a direct and eloquent plea on behalf of sexual fidelity—its blessings, its demands, its moral and emotional necessity.

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