



# Healthy Prostate: The Extensive Guide To Prevent and Heal Prostate Problems Including Prostate Cancer, BPH Enlarged Prostate and Prostatitis

*Ronald M Bazar*

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*"This book is a useful source of information to help you take responsibility for the health of your prostate. It gives details of dietary and other lifestyle measures to prevent diseases of the prostate and covers both conventional and natural treatments. I found it very comprehensive."* Doctor Andrew Weil, M.D.

The problem with conventional prostate treatments is that they attack the symptoms of prostate disease, downplay their side-effects, and do nothing to eradicate the underlying causes of prostate disease and prostate cancer. What this means to you is simple: you get all the risks of controversial medical procedures and no long term benefits.

Something is terribly wrong with our focus. We concern ourselves with the symptoms of prostate conditions. We ignore the causes, which are mostly avoidable.

Doesn't it make more sense to treat the causes? Instead of concentrating on the conditions that are treated aggressively as an assault on the body, your prostate problems can be prevented and reduced. Men's natural health depends on natural, not dangerous, prostate treatments and a healthy prostate diet.

Do not believe doctors who downplay the side effects of proven toxic prostate drugs, biopsies, prostate cancer surgeries, or radiating or poisoning the body. You can't overpower the body without consequences.

Many modern day medical prostate treatments are as primitive from a holistic point of view as the practice of blood-letting of prior centuries is to us today.

Incontinence and wearing diapers or saying bye-bye to good sex due to impotence are just some of the side effects of modern prostate treatments.

## **Prostate Health Is In Your Hands**

But you can reverse the conditions of prostate disease without these side effects. You can strengthen your body rather than weaken it through conventional invasive techniques. You can regain your prostate health.

Wise up! Use your prostate condition as a wake-up call to get a healthy prostate gland. Men's sex health depends on the health of your prostate gland. You can reverse a chronic prostate problem by changing your lifestyle.

I did it and I will show you how to do it for yourself.

You will be far stronger and healthier. You will have the benefits of a vital prostate to nurture you for many years of dynamic and vital health.

Prostate cancer, prostatitis and BPH enlarged prostates are names for prostate symptoms caused by an

unhealthy prostate. It begs the questions: What causes an unhealthy prostate gland and prostate cancer?

The author examines the conventional medical prostate treatments and discusses their risks so you can make an informed decision.

This book will explain how to cure your prostate problem naturally—without the devastating side effects of conventional medical treatments.

Ron Bazar, a Harvard MBA and natural health entrepreneur over four decades, at age 55, experienced sudden complete urinary retention (inability to urinate), and was diagnosed with BPH, an enlarged prostate.

He was scheduled twice for emergency surgery but both times declined. It took him over seven years to figure out how to heal his prostate naturally without conventional surgeries. He saw top practitioners of all kinds diligently following their advice but to no avail and tried anything he could think might help with no success until he finally discovered solutions that had eluded them all.

He shares his insights and unique perspective that will assist you in a much shorter time frame following his guidelines. His roadmap will empower you to succeed no matter which kind of prostate disease you face. Your prostate health is in your hands.

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