



Edible Wild Plants of the Prairie: An Ethnobotanical Guide

Kelly Kindscher

Download now

[Click here](#) if your download doesn't start automatically

Edible Wild Plants of the Prairie: An Ethnobotanical Guide

Kelly Kindscher

Edible Wild Plants of the Prairie: An Ethnobotanical Guide Kelly Kindscher

The Plains Indians found medicinal value in more than two hundred species of native prairie plants. Unfortunately, modern American culture has not paid much attention.

White settlers did learn a few plant-based remedies from the Indians, and a few prairie plants were prescribed by frontier doctors. A couple dozen prairie species were listed as drugs in the U.S. Pharmacopeia at one time or another, and one or two, like the Purple Coneflower, found their way into the bottles of patent medicine.

But in both the number of species used and the varieties of treatments administered, Indians were far more proficient than white settlers. Their familiarity with the plants of the prairie was comprehensive there probably were Indian names for all prairie plants, and they recognized more varieties of some species than scientists do today. Their knowledge was refined and exact enough that they could successfully administer medicinal doses of plants that are poisonous. All of the species used by frontier doctors were used first by Indians.

In *Medicinal Plants of the Prairie*, ethnobotanist Kelly Kindscher documents the medicinal use of 203 native prairie plants by the Plains Indians. Using information gleaned from archival materials, interviews, and fieldwork, Kindscher describes plant-based treatments for ailments ranging from hyperactivity to syphilis, from arthritis to worms. He also explains the use of internal and external medications, smoke treatments, moxa (the burning of a medicinal substance on the skin), and the doctrine of signatures (the belief that the form or characteristics of a plant are signatures or signs that reveal its medicinal uses). He adds information on recent pharmacological findings to further illuminate the medicinal nature of these plants.

Not since 1919 has the ethnobotany of native Great Plains plants been examined so thoroughly. Kindscher's study is the first to encompass the entire Prairie Bioregion, a one-million-square-mile area bounded by Texas on the south, Canada on the north, the Rocky Mountains on the west, and the deciduous forests of Missouri, Indiana, and Wisconsin in the east. Along with information on the medicinal uses of prairie plants by the Indians, Kindscher also lists Indian, common, and scientific names and describes Anglo folk uses, medical uses, scientific research, and cultivation. Descriptions of the plants are supplemented by 44 exquisite line drawings and over 100 range maps.

This book will help increase appreciation for prairie plants at a time when prairies and their biodiversity urgently need protection throughout the region.

 [Download Edible Wild Plants of the Prairie: An Ethnobotanic ...pdf](#)

 [Read Online Edible Wild Plants of the Prairie: An Ethnobotan ...pdf](#)

Download and Read Free Online Edible Wild Plants of the Prairie: An Ethnobotanical Guide Kelly Kindscher

From reader reviews:

Diane Adams:

This Edible Wild Plants of the Prairie: An Ethnobotanical Guide usually are reliable for you who want to be considered a successful person, why. The explanation of this Edible Wild Plants of the Prairie: An Ethnobotanical Guide can be among the great books you must have is giving you more than just simple studying food but feed a person with information that maybe will shock your before knowledge. This book is handy, you can bring it just about everywhere and whenever your conditions in the e-book and printed versions. Beside that this Edible Wild Plants of the Prairie: An Ethnobotanical Guide giving you an enormous of experience including rich vocabulary, giving you tryout of critical thinking that we understand it useful in your day task. So , let's have it and enjoy reading.

Jaelyn Warner:

Reading a book can be one of a lot of activity that everyone in the world really likes. Do you like reading book therefore. There are a lot of reasons why people enjoy it. First reading a publication will give you a lot of new information. When you read a guide you will get new information since book is one of numerous ways to share the information or perhaps their idea. Second, looking at a book will make an individual more imaginative. When you studying a book especially fictional book the author will bring you to definitely imagine the story how the figures do it anything. Third, you may share your knowledge to other folks. When you read this Edible Wild Plants of the Prairie: An Ethnobotanical Guide, you could tells your family, friends as well as soon about yours reserve. Your knowledge can inspire average, make them reading a reserve.

Linda Gordon:

A lot of people always spent their free time to vacation or even go to the outside with them friends and family or their friend. Did you know? Many a lot of people spent that they free time just watching TV, or maybe playing video games all day long. In order to try to find a new activity here is look different you can read some sort of book. It is really fun for yourself. If you enjoy the book which you read you can spent all day long to reading a guide. The book Edible Wild Plants of the Prairie: An Ethnobotanical Guide it is rather good to read. There are a lot of people who recommended this book. These were enjoying reading this book. In case you did not have enough space bringing this book you can buy typically the e-book. You can m0ore quickly to read this book from your smart phone. The price is not to fund but this book provides high quality.

Edward Franco:

You could spend your free time you just read this book this guide. This Edible Wild Plants of the Prairie: An Ethnobotanical Guide is simple to bring you can read it in the recreation area, in the beach, train in addition to soon. If you did not have got much space to bring typically the printed book, you can buy the particular e-book. It is make you much easier to read it. You can save the book in your smart phone. Consequently there are a lot of benefits that you will get when you buy this book.

**Download and Read Online Edible Wild Plants of the Prairie: An
Ethnobotanical Guide Kelly Kindscher #95APFG0SIQE**

Read Edible Wild Plants of the Prairie: An Ethnobotanical Guide by Kelly Kindscher for online ebook

Edible Wild Plants of the Prairie: An Ethnobotanical Guide by Kelly Kindscher Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Edible Wild Plants of the Prairie: An Ethnobotanical Guide by Kelly Kindscher books to read online.

Online Edible Wild Plants of the Prairie: An Ethnobotanical Guide by Kelly Kindscher ebook PDF download

Edible Wild Plants of the Prairie: An Ethnobotanical Guide by Kelly Kindscher Doc

Edible Wild Plants of the Prairie: An Ethnobotanical Guide by Kelly Kindscher Mobipocket

Edible Wild Plants of the Prairie: An Ethnobotanical Guide by Kelly Kindscher EPub