



Insanity's Shoes: My Running Trip Through Postpartum Psychosis

Angela Tompkins

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She's not a Brooke Shields or a Marie Osmond. She is just an average Mother. Author Angela Tompkins invites you to come along with her as she recounts her bizarre, scary and very real story about the events that preceded her hospitalization and two-week "vacation" in a psych ward for postpartum psychosis—and the afterwards as she worked to assume her role as Mother again. Angela offers you a look inside of the head of a woman that took a run through the streets of insanity after the birth of her second child.

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