



# Hope & Freedom for Sexual Addicts and Their Partners

*Milton S. Magness*

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## **Hope & Freedom for Sexual Addicts and Their Partners** Milton S. Magness

This book takes sexual addicts and their partners step by step through the various phases of addiction recovery. Dr. Magness gently guides his patients through the therapeutic process with compassion, understanding, and experience. He explains the value of each step in the recovery process, including disclosure, polygraph use, and his FASTT check-in procedure. When couples follow the program that Dr. Magness lays out in this book, they regain their Hope of Freedom in recovery from sexual addiction.

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