



# Spiritual Resources in Family Therapy, Second Edition

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# Spiritual Resources in Family Therapy, Second Edition

## **Spiritual Resources in Family Therapy, Second Edition**

Exploring the role of spirituality in couple and family relationships, this successful text and practitioner guide illustrates ways to tap spiritual resources for coping, healing, and resilience. Leading experts in family therapy and pastoral care discuss how faith beliefs and practices can foster personal and relational well-being, how religious conflicts or a spiritual void can contribute to distress, and what therapists can gain from reflecting on their own spiritual journeys. The volume is rich with insights for working with multi-faith and culturally diverse clients.

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