



Turning Pro: Summary of the Key Ideas - Original Book by Steven Pressfield

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“Turning Pro” was written as a sequel to “The War of Art”. The book explains the differences between an amateur and a pro, which stem from their habits and their frames of mind. Turning pro is only a matter of choices. It is not about time, resources and skills, but about motivation, a person’s strength of decision-making and commitment. The problem of resistance can be overcome by a simple change in behavior.

Who should read this book:

- People with great talents who are not using them the right way.
- Amateurs who want to turn into professionals.
- Procrastinators who have trouble getting things done.

In this summary:

Chapter 1: Two paths: amateur and pro

Chapter 2: The difference between an amateur and a pro

Chapter 3: How to overcome resistance

Chapter 4: Turning pro: a change in attitude

Chapter 5: Show up, stay and commit

Chapter 6: Make a schedule

Chapter 7: Be patient and make good use of fear

Chapter 8: No excuses

Chapter 9: Have your epiphany

Chapter 10: Avoid obsessions and practice self-validation

Chapter 11: Final Summary

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