

French Women Don't Get Facelifts: The Secret of Aging with Style & Attitude



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The author of the bestselling *French Women Don't Get Fat* shares the secrets and strategies of aging with attitude, joy, and no surgery.

With her signature blend of wit, no-nonsense advice, and storytelling flair, Mireille Guiliano returns with a delightful, encouraging take on beauty and aging for our times. For anyone who has ever spent the equivalent of a mortgage payment on anti-aging lotions or procedures, dressed inappropriate for their age, gained a little too much in the middle, or accidentally forgot how to flirt, here is a proactive way to stay looking and feeling great, without resorting to "the knife"-a French woman's most guarded beauty secrets revealed for the benefit of us all!

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