



# The Essence of Soul Retrieval: A Shamanic Healing Practices Guide

*Walter Cooke*

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## **The Essence of Soul Retrieval: A Shamanic Healing Practices Guide** Walter Cooke

The ancient practice of soul retrieval is one of the most powerful healing processes that you will learn while walking the shamanic path with heart. In this illustrated book you will learn the formal process carried out by modern core shamanic practitioners to retrieve the lost soul essence of a person, and effectively reintegrate it so the client may then heal the deepest wounds of their soul. Sandra Ingerman and Alberto Villoldo have written several popular books to help the layman understand what soul retrieval is and why one might want to embark on the soul retrieval journey. However, what is missing is a step-by-step guide that supports the shamanic practitioner in learning how to do the actual work. That is why this book was written.



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