



Chakra and the Human Energy Fields

Shafica Kragulla, Dora van Gelder Kunz, Shafica Karagulla

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The author present experimental evidence that illness can be seen in the subtle energy fields of the body. The key to health and disease, the authors show, lies in the dynamic interaction between the body's physical, emotional and mental fields and universal energy fields. Understanding this interaction can help us alter our energy patterns in the direction of better self-integration, health and wholeness. Includes full colour foldout diagram of the chakra systems,

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