

POSITIVE THINKING: How 3 Simple Questions Will Change Your Thinking (Control Your Thoughts and Master Positive Thinking)

Katharina A. Macher

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5 FREE Empowering Bonus-Books Included

These 3 Simple Questions Will Change Your Thought Patterns Drastically

This book introduces you to the most important things you need to know if you want to change your thought patterns and take control of your life. Real change is an extremely complex phenomenon that requires you to look deeply into your own mind and your thoughts in order to be effective. It is not only your conscious mind that you have to work on, but also your ingrained habits, preconceived ideas, and deeper conditioning.

3 Questions to Your Positive Thinking Mastery

The motto of this book and one of its key takeaways is an old Sufi wisdom which has to power to change your thoughts and your life. It is illuminating for the way we should exert control over our own thoughts and words before we speak or act. Just as the Sufi saying suggests 3 questions and 3 gates your words (and your deeds) should pass through before they become action, this book will take you through a variety of gates on your way to learned self-mastery.

One Mind - Two Outcomes? You Will Learn Several Powerful Strategies!

In this book you will discover several powerful strategies you should adopt if you want to restructure your life. It presents concrete steps and techniques you can use in your endeavor to change your life starting from your own thinking patterns:

- How to Control Your Thoughts
- How to Have an Optimistic and Empowered Mindset
- How Recreate Your Subconscious

- Powerful Techniques for Controlling and Calming Your Thoughts
- How to Achieve Complete Harmony of Thought
- Maximizing Results and Productivity
- 3 Simple Questions to Live By
- How to Rewrite Your Story

Plenty of Concrete Situations

At the same time, this guide to self-mastery and happiness offers you plenty of concrete situations you could always find yourself in. It shows you in a no-nonsense way how you can actually choose your own actions, reactions, and scenarios. This book doesn't require you to be someone you are not. It only explains in great detail you can improve your life by becoming more aware of your choices and focusing all your forces in order to effect the change you need.

This book provides you with the optimal tools for managing all your decisions in a way that is convergent with your uttermost needs and your dearest dreams. You are the designer of your own destiny. Every thought, every act, and every choice of yours has the power to change something in your life. Read this book and discover how to empower yourself by changing your own thinking patterns!

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Kindle Edition with 5 Empowering Bonus-Books Inside ★★★★:

Bonus Positive Thinking Book

Bonus Personal Development Strategies Book

Bonus Opportunity Book

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